



**MONDAYS
and
THURSDAYS**
12—1 PM



Senior: \$7
General: \$10
Mitzvah: \$14



JCC East Bay,
Berkeley branch

Community Lunch October 2019

*Meals catered exclusively by Saul's
Restaurant and Delicatessen*

Would you like some company during lunch? Looking to make new friends? Join our community for a delicious Kosher-style deli meal twice a week! A vegetarian option is available.

MON, OCT 7

Sandwich options: egg salad on rye, pastrami on rye, corned beef on rye with lettuce, tomato, onion, mustard on the side, mixed green salad with vinaigrette, pickles, and Linzer cookies

MON, OCT 14

JCC East Bay closed for Sukkot

MON, OCT 21

Sandwich options: pastrami on rye, corned beef on rye, OR Beyond Burger with mustard on the side, potato salad, pickles, and chocolate chip cookies

MON, OCT 28

Falafel salad with soup of the day with Russian tea cakes

THU, OCT 3 – Rosh Hashanah

Cabbage rolls with roasted vegetables with apple and noodle kugel

THU, OCT 10

Meatloaf with roasted vegetables, OR Beyond Burger with green salad with fruit platter

THU, OCT 17 – Sukkot

Pumpkin and garbanzo stew with chirsi, with couscous, OR chicken, fig, peach, fennel, and dukkah with couscous and succotash with apple and noodle kugel

THU, OCT 24

Falafel platter with pita, OR corned beef and cabbage with carrots and potatoes, with mustard and horseradish with fruit platter

THU, OCT 31

Sandwich options: egg salad on rye, pastrami on rye, corned beef on rye, roast beef dip on sweet deli roll with lettuce, tomato, onion, mustard on the side, coleslaw, pickles, and plain and dipped macaroons

JCC East Bay's programming is made possible by generous support from the Frank A. Campini Foundation and the Judith and Herschel Langenthal Philanthropic Fund.

For more information: