Adults & Seniors

Community Lunch
November 2019
Meals catered exclusively by Saul’s Restaurant and Delicatessen

Would you like some company during lunch? Looking to make new friends? Join our community for a delicious Kosher-style deli meal twice a week! A vegetarian option is available.

MON, NOV 4
Falafel platter with pita, OR turkey sandwich on sourdough, OR roast beef sandwich on sourdough with lettuce, tomato, onion, mustard on the side, coleslaw, pickles, and chocolate chip cookies

MON, NOV 11
Pastrami OR corned beef sandwich on rye, OR Beyond Burger with mixed green salad with vinaigrette, mustard on the side, pickles, and Linzer cookies

MON, NOV 18
Sandwich options: egg salad, OR pastrami, OR corned beef, on rye with mustard on the side, potato salad, pickles, and fruit platter

MON, NOV 25
Roast beef dip with coleslaw, OR falafel salad with pita with pickles and fruit platter

THU, NOV 7
Falafel salad with bowl of soup, OR meatloaf with roasted vegetables with fruit platter

THU, NOV 14
Cabbage rolls with roasted vegetables, OR falafel platter with pita with fruit platter

THU, NOV 21
Sandwich options: egg salad on sourdough, OR tuna on sourdough, OR turkey on rye, OR roast beef on rye with mustard and mayonnaise on the side, lettuce, tomato, onion, and coleslaw, pickles, and baklava

THU, NOV 28
JCC East Bay closed in observance of Thanksgiving

JCC East Bay’s programming is made possible by generous support from the Frank A. Campini Foundation and the Judith and Herschel Langenthal Philanthropic Fund.

For more information:
Jewish Community Center of the East Bay
510.848.0237 / www.jcceastbay.org

JCC East Bay, Berkeley branch

Montefiore

Senior: $7
General: $10
Mitzvah: $14