



**MONDAYS
and
THURSDAYS**
12—1 PM



Senior: \$7
General: \$10
Mitzvah: \$14



JCC East Bay,
Berkeley branch

Community Lunch January 2020

Meals catered exclusively by Saul's Restaurant and Delicatessen

Would you like some company during lunch? Looking to make new friends? Join our community for a delicious Kosher-style deli meal twice a week! A vegetarian option is available.

MON, JAN 6

Falafel salad with bowl of soup
with fruit platter

MON, JAN 13

Roast beef dip sandwich with coleslaw, OR falafel platter with pita
with pickles, and fruit platter

MON, JAN 20

Sandwich options: pastrami, OR corned beef, on rye, with mustard on the side, potato salad; OR falafel platter with pita
with pickles, and Black & White cookies

MON, JAN 27

Sandwich options: egg salad on rye, roast beef on rye, turkey on sourdough, OR tuna on sourdough
with lettuce, tomato, onion, mustard and mayonnaise on the side, assorted pickles, and chocolate pudding

THU, JAN 2

Cabbage rolls with roasted vegetables, OR falafel platter with pita
with fruit platter

THU, JAN 9

Sandwich options: egg salad on sourdough; tuna on sourdough; turkey on rye; roast beef on rye; with coleslaw and mustard and mayonnaise on the side
with pickles, and baklava

THU, JAN 16

Meatloaf with roasted vegetables, OR Beyond Burger with mixed green salad
with vinaigrette
with fruit platter

THU, JAN 23

Corned beef and cabbage with carrots, potatoes, and vegetables with mustard and horseradish, OR falafel platter with pita
with fruit platter

THU, JAN 30

Poule en Pot, OR egg salad sandwich on rye with mixed green salad with vinaigrette
with coconut macaroons (plain and chocolate-dipped)

JCC East Bay's programming is made possible by generous support from the Frank A. Campini Foundation and the Judith and Herschel Langenthal Philanthropic Fund.



WALTER & ELISE HAAS FUND



LISA & DOUGLAS
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For more information: