Community Lunch
January 2020
Meals catered exclusively by Saul’s Restaurant and Delicatessen

Would you like some company during lunch? Looking to make new friends? Join our community for a delicious Kosher-style deli meal twice a week! A vegetarian option is available.

MON, JAN 6
Falafel salad with bowl of soup
with fruit platter

MON, JAN 13
Roast beef dip sandwich with coleslaw, OR falafel platter with pita
with pickles, and fruit platter

MON, JAN 20
Sandwich options: pastrami, OR corned beef, on rye, with mustard on the side; potato salad; OR falafel platter with pita
with pickles, and Black & White cookies

MON, JAN 27
Sandwich options: egg salad on rye, roast beef on rye, turkey on sourdough, OR tuna on sourdough
with lettuce, tomato, onion, mustard and mayonnaise on the side, assorted pickles, and chocolate pudding

THU, JAN 2
Cabbage rolls with roasted vegetables, OR falafel platter with pita
with fruit platter

THU, JAN 9
Sandwich options: egg salad on sourdough; tuna on sourdough; turkey on rye; roast beef on rye; with coleslaw and mustard and mayonnaise on the side
with pickles, and baklava

THU, JAN 16
Meatloaf with roasted vegetables, OR Beyond Burger with mixed green salad
with vinaigrette
with fruit platter

THU, JAN 23
Corned beef and cabbage with carrots, potatoes, and vegetables with mustard and horseradish, OR falafel platter with pita
with fruit platter

THU, JAN 30
Poule en Pot, OR egg salad sandwich on rye with mixed green salad with
vinaigrette
with coconut macaroons (plain and chocolate-dipped)

JCC East Bay's programming is made possible by generous support from the Frank A. Campini Foundation and the Judith and Herschel Langenthal Philanthropic Fund.

Senior: $7
General: $10
Mitzvah: $14

JCC East Bay, Berkeley branch
1414 Walnut Street, Berkeley

MONDAYS and THURSDAYS
12—1 PM

Berkeley Branch: 1414 Walnut Street, Berkeley
Oakland Branch: 5811 Racine Street, Oakland

For more information:
Jewish Community Center of the East Bay
510.848.0237 / www.jcceastbay.org