



**MONDAYS
and
THURSDAYS**
12—1 PM



Senior: \$7
General: \$10
Mitzvah: \$14



JCC East Bay,
Berkeley branch

Community Lunch August 2019

*Meals catered exclusively by Saul's
Restaurant and Delicatessen*

Would you like some company during lunch? Looking to make new friends? Join our community for a delicious Kosher-style deli meal twice a week! A vegetarian option is available.

MON, AUG 5

Brisket sandwich au jus with greens, OR egg salad sandwich on sourdough with lettuce, tomato, and onion
with pickles, coleslaw, and baklava

MON, AUG 12

Pastrami or corned beef sandwich on rye with mustard on the side, OR Beyond Burger with lettuce, tomato, and onion
with mixed green salad with vinaigrette, pickles, and chocolate chip cookies

MON, AUG 19

Roast beef dip on a sweet deli roll with greens and pickled cabbage, OR a Beyond Burger with lettuce, tomato, and onion
with coleslaw, pickles, and chocolate chip cookies

MON, AUG 26

Falafel salad with soup of the day
with fruit platter

THU, AUG 1

Meatloaf with roasted vegetables, OR Beyond Burger with lettuce, tomato, onion, and mixed green salad with vinaigrette
with chocolate pudding

THU, AUG 8

Poule en Pot, OR falafel salad with soup of the day
with fruit platter

THU, AUG 15

Cabbage rolls with roasted vegetables, OR falafel platter with housemade pita
with fruit platter

THU, AUG 22

Corned beef and cabbage with steamed potatoes and vegetables with mustard and horseradish, OR falafel platter with housemade pita
with baklava

THU, AUG 29

Sandwich options: egg salad on rye, roast beef on rye, turkey on sourdough, tuna on sourdough
with lettuce, tomato, onion, mustard and mayonnaise on the side, coleslaw, pickles, and Linzer cookies

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For more information: