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| <p>You can enter your <i>dietary requests</i>* upon sign-in with Lauren at the meal prior to your request. <i>*Dietary request options are: gluten free only, poultry instead of beef, vegetarian instead of meat.</i></p> | <p>Example: On Monday, you request a vegetarian option for Thursday, OR, Thursday you request a gluten free option for the following Monday, etc.</p> |
| <p>December 04</p> <p>Green Salad P Best Of catering* FISH *Chef's choice...you know it will be good! Fruit or Dessert P/D</p> | <p>December 07</p> <p>Sandwich Bar Parve= egg salad Meat= pastrami & corned beef Assorted sliced bread Condiments Lettuce, tomatoes, onions, etc Deli salad(s) Fruit</p> |
| <p>December 11</p> <p>Green Salad P Best Of catering* *Chef's choice...you know it will be good! Fruit or Dessert P/D</p> | <p>December 14</p> <p>Green Salad P Boneless Turkey Schwarma w/Tahina F Rice or Cous Cous <i>tbd</i> P Vegetable P Fruit or Dessert P</p> |
| <p>December 18</p> <p><u>Seniors' Hanukkah Lunch</u> Green Salad P Latkes with sour cream and applesauce D Fish of the day with lemon P/D Pickled beets Chocolate gelt/Hanukkah dessert</p> | <p>December 21</p> <p>Green Salad P Roast Chicken Paprikash* F Egg Noodles P Vegetable P Fruit OR Dessert P *Onion-Tomato-Paprika Sauce</p> |
| <p>December 25</p> <p>JCC Closed</p> | <p>December 28</p> <p>Green Salad P Roast Turkey w/Blackberry-Dijon Glaze F Starch of the Day P Vegetable P Fruit & Dessert P</p> |

F= MEAT ITEM D= DAIRY ITEM P= PARVE ITEM

MENU is subject to availability

Every meal served with sliced bread and butter or margarine based on meal type