

JCC East Bay

Jewish Community Center of the East Bay

Winter Chugim Information

Here is your checklist for our Winter Chugim 2018/2019! Please read carefully!

- Help your child sign up for two workshops each day, Monday-Thursday, and one workshop on Friday. **ONLY FOR THE DAYS YOU ARE REGISTERED.**
- **ALL CHUGIM REGISTRATION IS ONLINE ONLY.** Registration will be open for everyone at the same time and IS FIRST COME, FIRST SERVED, and all classes have a maximum and a minimum enrollment size!
- **Classes may be cancelled if a minimum enrollment number is not fulfilled.**
- Registration will open online **NOON on Monday, November 12.** All registration must be completed by **Sunday, November 25** at Midnight. Registration sent by email, paper format, or phone will NOT be accepted.
- Mark your calendar now! The Winter Chugim Fair will be **Wednesday, March 20**, from 5:30-7 PM.
- If you have not been receiving emails from Oakland Afterschool, please email Amoy, our Director, at amoyb@jcceastbay.org or call 510.595.9222.
- Winter Chugim will begin **Monday, November 26** and end on **Friday, March 15.**

Please note:

- **Changes will be allowed only during the first week of Chugim for all External classes (ex: Cooking Around the World, Roleplaying, Piano). If you do not drop within that period, you will be responsible for the entire Chugim fee. If chugim are cancelled by Monday, December 3, we will only charge you for the classes attended.**
- Changes will be allowed for all other classes only during the first two weeks of chugim. After two weeks, you will be billed on Ultracamp.

Your attention to our Sunday, November 25 deadline will assist us greatly and is appreciated by all JCC Afterschool Staff.

Warmly,
Amoy, Margot, and the Oakland Afterschool Staff

EXTERNAL VENDOR CLASSES

Ananda Martial Arts: Taekwondo

Join the taekwondo class for a developmentally appropriate class for youth. This class explores exercise, safety training, and martial arts principles. Students learn several martial arts techniques and how to break boards. Master John Ellis IV is a martial artist with 30 years of experience helping people strengthen the connections between the body, mind, and spirit.

Instructor: Master John W. Ellis

Class Time: Tuesday 4-4:45 PM

Ages: All Ages

Fee: \$230 + Uniform Fee

Cookin' Round the World

Cookin' Round the World gives boys and girls the opportunity to learn about countries around the world by cooking...and eating! Moroccan couscous with fresh ginger, cloves, and orange zest; Vietnamese wontons with water chestnuts, carrots and tofu; zucchini, carrot, onion latkes with warm strawberry apple sauce from Israel, and much more. Yum! We present new understanding about cultures and traditions around the world using food as the conduit to get there. A typical class includes cooking, eating, an international folktale, language acquisition, and a slide presentation about the country as a means for context. Cookin' Round the World supplies the aprons, food, cookware, and emails the recipes home at the end of the session. The program is 100% hands on; all children peel, dice, chop, and mince. As we cook, we talk about the country of the day or our culinary experiences. The outcome is a new appreciation of food and a desire to see the world. Note: We are a completely nut free program.

Instructor: Chef Kat

Class Time: Tuesday 4:00-5:45 PM DOUBLE CHUGIM ONSITE

Ages: Grades 2 - 5

Fee: \$385

Roleplaying Adventure

Roleplaying Adventure offers kids the chance to explore a strange and dangerous world through classic paper-and-dice roleplaying games like Dungeons and Dragons. The children get to build their own characters and get a customized character sheet they can take home. Then they go on an adventure together solving puzzles, fighting monsters and completing quests in a world of magic, dragons, elves and knights. Roleplaying Adventure is also a fun way to develop reading and math skills, and encourages teamwork, creative problem-solving, imaginative thinking, and good listening.

Instructor: Jake Gelender

Class Time: Wednesday, 4- 4:45 PM, 5-5:45 PM

Ages: All Ages

FEE: \$210

Judo w/ Dan

Judo is an adventurous activity for kids, which focuses on basic steps of judo throws and movement drills. Your child will learn about balance and coordination, strength, self-defense skills and how to be safe with their bodies.

Instructor: Dan

Class Time: Wednesday 4-4:45 PM

Ages: All Ages

Fee: \$350 + Uniform Fee

Chess with Mark Pollock

Chess is fun and can be learned quickly and easily! Studies have found that chess helps improve test results in reading, science, and math, and produces growth in critical cognitive skills. Beyond academia, chess influences social behavior including self esteem, respect for others, patience, and good manners. And did we mention: it's FUN!!

Instructor: Mark Pollock

Class time: Monday 4-4:45 PM

Ages: All Ages

Fee: \$195

STEM FUNdamentals Using LEGO with Play-Well Engineering

Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Snowmobiles, Towers, Catapults, and Battletracks! Design and build like never before, and explore your craziest ideas in a supportive environments. An experienced instructor will challenge new and returning students to engineer at the next level.

Instructor: Play-Well Engineering

Class Time: Thursday 4-5:45 PM DOUBLE CHUGIM ONSITE

Ages: Grades K-5

Fee: \$335

Yael Levy: Comic Strips & Cartoons

One of your favorite teachers is back! With artist extraordinaire Yael, students will create their own comic strips using characters of their own design. We will work with traditional professional cartooning tools like ink with pen and brush. We will also practice comedic timing by putting our characters into different environments and scenarios. All levels are welcome to create humor through this art chug!

Instructor: Yael Levy

Class Time: Monday 4:00-4:45

Ages: Grades 2 - 5

Fee: \$270

Yael Levy: Hebrew Letters with Creatures מצירים אותיות ויצורים

Your favorite teacher is back! Yael, one of our favorite Israeli guest teachers will introduce students to the Hebrew alphabet and expand their vocabulary by drawing animals! By making simple illustrations of living and imaginary creatures, we'll discover new Hebrew letters and words. Join this chug for a cute, fun way to access Hebrew and practice writing and reading with Yael.

Instructor: Yael Levy

Class Time: Monday 5:00-5:45

Ages: Grades 1 - 5

Fee: \$225

Young Rembrandts: Drawing and Cartoon Anime Class

Make this a memorable winter by signing up your elementary child in a Young Rembrandts Drawing and Cartoon Anime class. Your child will learn about basic design and composition as they draw the Fish Below Ice and Great Wall of China. Our cartoon drawing lessons will stoke your child's artistic fire. Your child will learn about exaggeration and drawing facial expressions in our lessons entitled "Cold Faces" and "Dad Expressions." Learning to tell a story through a series of drawings will be the focus in our illustrations featuring a humorous shaving sequence. Besides strengthening your child's drawing and coloring skills, he or she will also learn about art history as we present lessons featuring master artists Leonardo Da Vinci and Franz Marc. Enroll your child today!

Instructor: Kavita Parekh

Class Time: Wednesday 4:00-4:45

Ages: Grades 1 - 5

Fee: \$265

Magic: The Art of Deception

In this hands-on introductory magic course, your child will learn how to do astonishing feats of magic using everyday household objects such as cards, coins, pencils, and rubber bands. In addition to learning new magic skills and concepts, each child will go beyond magic to understand important social and life skills such as public speaking, interacting with others, and developing confidence. You will also gain access to detailed instructions with pictures on the trick so you will be able to follow along and help as well as have a permanent documentation on material covered! Don't miss this chance to learn magic from local, award-winning professional magician and UC Berkeley Math graduate Magical Nathaniel!" For magicians who are ready for the next level, be sure to register for Magic: The Art of Deception 2.0!

Instructor: Magical Nathaniel

Class Time: Thursday 4:00-4:45 for Level 1 and 5:00-5:45 for Level 2

Ages: Grades 2 - 5

Fee: \$245

Piano

These are group lessons with two children (paired by skill level), \$25 per half hour, taught by a JCC Afterschool Certified Piano Instructor on Wednesdays.

Class Time: Wednesdays, half hour sessions between 3 and 5:45.

Ages: All Ages

Afterschool Teacher Classes

Center Room Hang

This chug is a great opportunity for free play in our toy area and “Cozy Couch” section. Hang out and build amazing structures out of blocks, become a master builder with Legos, read a chapter in your favorite book, and join others in imaginative play!

Instructor: Rotating Afterschool Teachers

Class Times: Tuesday and Friday 4:00 - 4:45; Monday, Tuesday, Wednesday, and Thursday 5:00 - 5:45

Ages: All Ages

Materials fee: FREE

Homework Club

Come get your homework done in this chugim so you can go home and relax. A nice quiet environment for getting some reading done as well as your homework. Let's be productive!

Instructor: Rotating Afterschool Teachers

Class Times: Monday – Thursday 4:00 - 4:45

Ages: All Ages

Materials fee: FREE

Side Yard

Step outside into the side yard for some outdoor fun and favorite games!

Instructor: Rotating Afterschool Teachers

Class Times: Monday, Wednesday, Thursday 4:00- 4:45

Ages: All Ages

Materials fee: FREE

Monday

Creative Dance Jam (2nd-5th Grade)

Do you love to do leaps and summersaults across a room? Create your own stories with movement and music? This could be the chug for you! Through guided improvisation, students will learn how to use the basic elements of dance—space, time, and energy— to find new ways of strengthening and expressing their bodies. Along the way, they will explore skill-building techniques from modern dance, hip-hop and ballet. Students will then use this experiential learning to create group and solo compositions that celebrate their unique embodied voices. Bring out your wildest moves and come dance with us!

Instructor: Tavi

Class Time: Monday 4:00 - 5:30 (Double Chugim)

Fee: \$10

Mini-Ani-Motion! (TK-1st Grade)

Explore the magic of animation! How do we make our drawings move? What even is motion? You'll get answers to that and more as we discover how to make simple animations the ol' fashioned way, with flipbooks and zoetropes!

Instructor: Nicky

Class Time: Monday 4:00-4:45

Fee: FREE

Improv Innovation (All Ages)

Have fun getting active and silly in Improv Innovation! Enjoy interactive exercises and games that utilize imagination and improvisation skills. Expand your creativity with the whole body amongst friends in Improv Innovation!

Instructor: Rochelle

Class Time: Monday 4:00-4:45

Fee: FREE

Lil' Listening Lounge (TK-1st)

This chug is all about storytelling! We'll dive into the imaginative world of story books, as well as our own imaginations, to make up fun stories. We will also share true stories from our lives. The key word here is "listening," so open your ears and wind down from a busy Monday as we hear Brendan, peers, and guests share their story. We will practice how to best listen and tell engaging stories while having fun!

Instructor: Brendan

Class Time: Monday 5:00-5:45

Fee: FREE

Character Sculpture (2nd - 5th Grade)

Did you ever wonder what it would be like if your character could come to life? Did you know you have the power to do that? In this class we'll learn how to take our drawings and turn them into 3D clay sculptures. We'll bake and then paint them just like our favorite action figures and dolls! Bring your characters to life in this chugim!

Instructor: Nicky

Class Time: Monday 5:00-5:45

Fee: \$40

Jewelry Making 101 (All Ages)

Learn the basics of jewelry creation and tap into your inner designer! Design and build personal jewelry collections such as necklaces, earrings, bracelets and rings using a variety of materials, including upcycled adornments. Create jewelry for yourself, friends, and family in this hands-on art chugim.

Instructor: Rochelle

Class Time: Monday 5:00-5:45

Fee: \$25

Tuesday

Club J Adventures (4th-5th Grade)

Club J is designed to enhance students' experiential learning and provide an age appropriate option for our older students. This chug will be based around learning leadership skills, doing volunteer work around the JCC and the East Bay, and enhancing students' global and social awareness. Students will participate in a variety of field trips around Berkeley and Oakland, adventures in the park, bookshop escapades and adventurous treks through our natural habitat.

Instructor: Margot

Class Time: Wednesday 4:00-5:30 (Double Chugim)

Fee: \$30

Ribbon Dancing "Winter Wandering" (All Ages)

Fun and exciting chug where students will learn how to dance with ribbons. If you love to dance and are expressive this is a great chugim for you. The ribbon will be worked in various ways to create beautiful shapes and lines as the dancer moves. There will be a seasonal-themed recital performance at the chugim fair at the end of the term.

Instructor: Mr. Marco

Class Time: Tuesday 4:00-4:45

Fee: \$15

Mini-Mindful Moment (TK-1st Grades)

Sometimes we all need to just breathe. In this chug, students will learn different mindfulness & meditation techniques to calm the body, listen to one's own feelings, and unwind after a long day of school & life. Experience as many mindful moments as possible and take the moment with you wherever you go.

Instructor: Tavi

Class Time: Tuesday 4:00-4:45

Fee: FREE

Fashion Runway Extravaganza! (All Ages)

If you have a lot of personality and need a way to express it, join this chugim. In this chugim, students will learn how to walk a runway. We will study kid appropriate fashion designer runway shows, fashion collections, types of clothing, and methods for walking down the runway. There will be a fashion runway show at the end of the term during chugim fair. Now work!!

Instructor: Mr. Marco

Class Time: Tuesday 5:00 - 5:45

Fee: \$15

DIY Boardgames (All Ages)

Ever thought you had the BEST idea for a game? Want to make your own deck of cards? Found some items that you'd like to make into the most fun game ever? Then this is the chugim for you! In DIY Boardgames, students will create their very own games to play together. Create special moving pawns, unique board designs, and one-of-a-kind rule books that will get your game to be the next "Sleeping Queens" of the JCC.

Instructor: Conor

Class Time: Tuesday 5:00-5:45

Fee: FREE

Zine-machine! (All Ages)

Ever wanted to make a story? Comics are a versatile form of visual narrative, and the punk-rock nature of zinemaking is a great way to start the process of crafting ideas into stories and making the imagined real and tangible. Kids will work through story and character fundamentals to produce zines; they get to handle different materials and see how the tactile lends to the experience of reading their story. This is a DIY workshop set up to help kids put their ideas to paper, allowing them to bind and distribute their zines!

Instructor: Nicky

Class Time: Tuesday 5:00-5:45

Fee: FREE

Dodgeball Showdown (2nd-5th Grades)

Put your skills to the test against other JCC kids! Join the JCC Dodgeball team! Play a myriad of dodgeball games in the ballroom such as: gaga, pickle, ho-mo-mo, and classic dodgeball. Create team comradery and practice enough to compete in teams. Be the next dodgeball champion and have fun!

Instructor: Brendan

Class Time: Tuesday 5:00-5:45

Fee: FREE

Wednesday

Caribbean Cooking (All Ages)

Fun and exciting double chugim where students will learn how to cook a variety of tasty recipes from the West Indies. Each class will focus on a region of the Caribbean Islands and students will enjoy preparing and eating unique recipes associated with that particular island. Nicky and Rochelle can't wait to share their edible culture and traditions with you all from Puerto Rico and Jamaica (respectively). Come cook and get well fed in this Caribbean Cooking class!

Instructor: Rochelle & Nicky

Class Time: Wednesday 4:00-5:45 (Double Chugim)

Fee: \$40

Mini-Cardboard Creations (TK-1st)

In this amazing chugim students will learn how to build creations out of cardboard. If your child loves to make art with their hands, this is right up their alley. We will refine our motor skills by crafting sculptures, birdhouses, models, and more 3D art!

Instructor: Mr. Marco

Class Time: Wednesday 4:00-4:45

Fee: \$15

Super Sleeping Queens Fan Club (Grades 2nd-5th)

Sleeping Queens is a dynamic card game featuring strategy, fantasy, math and fairy tales. Students in this class will learn rules, strategic competition, and team building! This Sleeping Queens Club is meant for SUPER fans who can't stop, won't stop playing till they have collected all the fabulous queens.

Instructor: Conor

Class Time: Wednesday 5:00-5:45

Fee: \$10

Mini-Dodgeball (TK-1st Grades)

Younger kids at the JCC match up in an exciting dodgeball showdown! Advance your aim and throwing skills in this awesome and active chugim. Get to learn all the popular dodgeball games amongst other little ones still getting their footing in the ballroom.

Instructor: Brendan

Class Time: Wednesday 5:00-5:45

Fee: FREE

Comic Book Reading Club

Ever wish someone could go to the library for you and pick out all the best comics out? What if your friends read the same comics you did and you can talk about them after passing them around? Then join the famous comic book reading club at the JCC! Spend an entire chugim in pure comic book reading bliss. We'll provide a range of age appropriate comic books each week so everyone can find the best new story to dive into.

Instructor: Margot

Class Time: Wednesday 5:00-5:45

Fee: FREE

Thursday

Newspaper Club (3rd-5th Grades)

Ever wanted to be a reporter? An editor? Photographer? This class will give students an opportunity to try out the different jobs involved in creating a community newspaper. We will print a paper once every other month filled with content created by our newspaper team. Come report on the latest news at the JCC!

Instructor: Amoy

Thursday: 4:00-4:45

Fee: FREE

Creative Candlemaking (All Ages)

Ever wanted to learn how to make your very own candles?! Now you can in Creative Candlemaking! Each week create your very own candles made out of different colored wax, fragrances, designs, and more. Light up your life with homemade candles in this brand-new chug!

Instructor: Rochelle

Class Time: Thursday 4:00-4:45

Fee: \$25

Showstoppers 5.0 (All Ages)

In this awesome chug, students will participate in another epic play production. We will creatively build a play as a theatre group. We will focus on building props, backdrops, as well as character developing exercises. And the Academy Award goes to.....YOU!!!!

Instructor: Mr. Marco

Class Time: Thursday 4:00-4:45

Fee: \$30

Zen Out (All Ages)

Need some quiet time to reflect and think? Join this soothing chug! Students will learn how to calm their bodies and minds by drinking tea, sharing reflections and feelings from the week, going on guided meditations, and engaging in deep breathing exercises. Learn and practice the art of zenning out!

Instructor: Mr. Marco

Class Time: Thursday 5:00-5:45

Fee: FREE

Podcasting 201 (3rd - 5th Grades)

Discover the vintage art of talk-radio in Podcasting 201! Students will record a weekly podcast about events at the JCC using Quicktime Technology on a Mac laptop provided by instructor. Building upon Podcasting 101, we'll continue recording radioplays by known writers, teacher, and even the creative students themselves! We'll also continue to explore interviewing and radio-editing techniques.

Instructor: Conor

Class Time: Thursday 5:00 - 5:45

Fee: FREE

Stories & Sketches (2nd-5th Grades)

Join a new take on storytelling in this multimedia chug! In this class, we'll create stories together and learn the ancient art of storytelling. We will even pair our unique stories with physical, imaginative, and/or theatrical art! The storytellers will guide the products of this chug, so come be apart of our tale-telling, sketch-making adventures!

Instructor: Tavi

Class Time: Thursday 5:00-5:45

Fee: FREE

Boardgame Bonanza! (All Ages)

Play all your favorite board games from Clue to Monopoly! Spend time with friends and have fun trying out new and classic board games. Play on a team, or play solo, and find your new favorite board game that you'll never want to stop playing.

Instructor: Brendan

Class Time: Thursday 5:00-5:45

Fee: FREE

Friday

Gardening Club (All Ages)

This winter in the garden will draw connections to Jewish seasonal rituals such as Rosh Chodesh, Hannukkah, Tu B'Shevat, and more! We will tend our plants watch them grow, and take part in the journey of seed to fork. In addition, we may be able to prepare fresh garden and art inspired by our garden work.

Instructor: Margot

Class Time: Friday 4:00-4:45

Fee: \$30

Mini-Sleeping Queens Fan Club (TK-1st)

Sleeping Queens is a dynamic card game featuring strategy, fantasy, math and fairy tales. This is chug will introduce one of the all-time-favorite games of the JCC Oakland to all our newer friends! Even if you know the game already, this class will give you the chance to play against your peers in a fun, comfortable setting.

Instructor: Conor

Class Time: Friday 4:00-4:45

Fee: \$10

Field Trip Fantasy (2nd-5th Grades)

Get a breath of fresh air and check out all the amazing places to explore right here in the East Bay Area! In this chug, students will take weekly field trips to various destinations in the East Bay, while learning how to travel safely & with independence at the same time. Expect a fun mix of outdoor play spaces and exciting indoor attractions. Some possible trips to keep on your radar: High Stakes Arcade, Lake Temescal, Fenton's Creamery, Middle Harbor Shoreline Park.

Instructor: Tavi

Class Time: Friday 4:00-4:45

Fee: \$25

Mini-Yoga (TK-1st)

Unwind and reflect on the week that passed while looking ahead at what's to come in our Mini-Yoga chug! Using an age-appropriate pace, we will flow through yoga movements and flow as a form of mindfulness and meditation practice.

Instructor: Rochelle

Class Time: Friday 4:00-4:45

Fee: FREE (Please buy a kid-sized yoga mat for your child to participate fully)
