

# JCC Afterschool-Oakland Chugim!

## Winter 2012

### January 9 - March 13

**PLEASE READ THE FOLLOWING INFORMATION CAREFULLY!**

Here is your checklist for our  
WINTER 2012/5772 *Chugim* (Enrichment Classes)!

- ❑ Help your child sign up for two workshops each day, Monday – Thursday, ONLY FOR THE DAYS YOU ARE REGISTERED.
- ❑ **ALL CHUGIM REGISTRATIONS ARE ONLINE ONLY.** You may no longer turn in a paper registration form. Registration will be open for everyone at the same time and it is FIRST COME-FIRST SERVED, all classes have a maximum and a minimum enrollment size!
- ❑ **Classes may be cancelled if a minimum enrollment number is not fulfilled.**
- ❑ Registration will open online at 12pm Tuesday, January 3. All registrations must be completed Thursday, January 5 by 11:59PM. **Registration sent by email, paper format, or phone will NOT be accepted.**
- ❑ Mark your calendar! The Winter Chugim Fair is Tuesday, March 13, 5:30-7:00 pm.
- ❑ If you have not been receiving e-mails from Oakland Afterschool, please email Liz at [lizd@jccastbay.org](mailto:lizd@jccastbay.org) or call 510-595-9222.
- ❑ Twenty-three **Berkeley site classes have been opened for Oakland enrollment.** Please **pay special attention to class times**, since vans provide transportation at 3:30 to Berkeley and at 5:30 to Oakland (you have to sign up for two classes or a double class.)
- ❑ Chugim will begin the week of January 9 thru the week of March 14.

Please note:

- ❖ Changes will be allowed **only during the first week of Chugim for all External classes** (ex: Kids Carpentry, Art Journeys, D&D, etc.) If you do not drop within that period, you will be responsible for the entire chug fee. If Chugim are cancelled by January 13th, we will charge you only for the classes attended.
- ❖ Changes will be allowed for all other classes **only** during the first two weeks of chugim. After two weeks, you will be billed on Ultracamp .
- ❖ If you register for a Chug that is beyond your contracted Afterschool hours, you will be charged drop-in rates.
- ❖ **Piano registrations must be turned in by hand!**

**Your attention to our January 5<sup>th</sup> deadline will assist us greatly  
. . . and is appreciated by all JCC Afterschool staff.**

Sincerely,  
Liz and the Oakland Afterschool Staff

JCC Afterschool-Oakland Teachers

**Liz Donley**

***Director, JCC Afterschool-Oakland***

Liz grew up traveling around the Southeast and is a child of craft vendors. She loves painting, the mentorship of young people, and being outside in nature. Brought to the Bay to study Anthropology and Art at UC Berkeley, she translates that knowledge into the study of children and fun here at the JCC. Now in her fourth year at the JCC East Bay, she is excited to be part of the founding staff at the new Oakland branch on Racine Street.

**Reuben Kurs**

***Assistant Director, JCC Afterschool-Oakland & JCC Camp Tzofim***

Reuben has a long history of working with kids at camps and JCC, and we are so glad to have him here in Oakland this year. He wears many hats; he handles your billing questions, teaches Computer Programming, and is our resident comedian. This is his second year working at JCC Afterschool, and his third at Camp Tzofim.

**Rhatura Bowden (Rha)**

***Teacher, Driver and Artist Extraordinaire***

Rha has been with the JCC East Bay for three years and has continued to bring creative, loving and positive energies to our program. Along with being the Van Coordinator and staff teacher he is also an imaginative artist, graphic designer, storyteller, wizard, poet, educator, friend, and proud poppa.

**Ms. Jenn Levine**

***K-1 Teacher, Driver and Judaic Specialist***

We are delighted that Ms. Jenn has joined the JCC this year! She was our amazing Adventure and Judaica Specialist at Camp Tzofim this summer, and has been a teacher for the last few years at Temple Sinai in Oakland. She brings her passion for working with little humans and we are thrilled to have her.

**Brenden Tidd**

***Teacher and Sports Specialist***

Brenden is the latest addition to our staff and serves as our drop-off teacher during pick-up times. A DJ by trade, he brings both his creativity and enthusiasm for working with children to the JCC Afterschool-Oakland program. Safety is his highest concern, but he is not above having some fun with the kiddos before the van arrives. He is currently pursuing his Associate's Degree at a community college.

**Don Jagust**

***Driver***

Don has been driving JCC vans and school buses for over 20 years. He is a world traveler, based out of Berkeley, and has two kids in school. Safety and reliability are words to live by for him, and we're so glad to have him as a core member of our team.

**Alicia Van Bourg (Berkeley Staff)**

Alicia was born in Oakland, CA 94605. She grew up at Camp Tzofim and eventually ended up working for the camp for years and years. She loves the outdoors, the beach, and art projects. Alicia graduated from the University of Oregon with a degree in Communications. Alicia's dream is to become a wedding planner.

**Andrew Harris (Berkeley Staff)**

Andrew was born and raised in Berkeley, CA. He even attended the JCC Afterschool program K – 5. He graduated from Humboldt State University with a degree in Music and a minor in Environmental Education. Andrew plays guitar and saxophone and can hold his own with the harmonica and piano too! He has been working with kids for the past ten years as a camp counselor, Afterschool teacher, and private guitar teacher. We are looking forward to utilizing his skills in sports, music, and science with the kids this year!

**Beth Schuman (Berkeley Staff)**

Beth is originally from New York and decided she wanted to explore the East Bay. She loves stories of all kinds: reading, writing and telling stories are a passion for her. Beth spent a number of years at Adamah, a Jewish environmental training center and largest Jewish educational farm in North America. Beth's loves using her training as a Jewish-environmental educator in her chugim, particularly *Into the Wild*, and she is excited to be back at Afterschool-Berkeley this year.

**Chris Teare (Berkeley Staff)**

Chris was born and raised in the East Bay. He is pursuing his studies in Chiropractics while working at the JCC and intends to go into that field full-time in the future. Chris has a background working with kids teaching swimming lessons and Spanish for over three years. Chris enjoys listening to music, biking, swimming, and playing with his dog, Pablo.

**Emily Schumacher (Berkeley Staff)**

Emily is a newcomer to the beautiful Bay Area. She grew up in Indiana and recently graduated from Indiana University with degrees in Fine Arts and Speech Pathology. She spent a semester painting in Florence, Italy, and loves traveling. Emily has worked with kids in camps and after school programs for many years, teaching ceramics, gymnastic, art, and science. She can't wait to get to know all the kids in the JCC afterschool program this year! When she's not sharing her talents with kids, she enjoys bike rides, cooking, rock climbing, and exploring the great outdoors.

**Ivan Mumm (Berkeley Staff)**

Ivan was born in sunny-ish Berkeley, California. He is studying Early Childhood Education at Berkeley City College. Ivan is a basketball-pro and loves teaching sports to kids. Additionally, Ivan worked at Camp Tzofim for the past two summers and loves working outside. His favorite color is brown and he is a music fanatic!

**Juba Blajic (Berkeley Staff)**

Juba (pronounced like the Yuba River) grew up on Curacao in the Netherlands Antilles. With extensive experience in Early Childhood Education and development, Juba finds joy in assisting, coordinating and creatively inspiring children to learn and love learning. Juba's love of nature and skill in the culinary arts, gardening, and music reflect a lifestyle that aims for balance. He is happy to continue working and progressing with children in an environment that supports their valuable development.

**Madeleine Pellegren (Berkeley Staff)**

Madeleine grew up in Los Angeles and studied Psychology at NYU. In New York, Madeleine worked at a school for children with special needs and filled her free time with everything crafty. She loves trying new hobbies and sharing them with the kids at Afterschool. Last spring, she became a certified Yoga instructor and is now learning candy and chocolate making!

**Mirit Markowitz (Berkeley Staff)**

Mirit was born in Israel and raised in Albany, CA. When she was a kid she attended the JCC's after care with Andrew Harris ages K-5! She graduated from University of Washington with a degree in Art and Dance. She loves kite flying, Jewish community, pickles and coffee. Mirit loves telling jokes and pop culture – come ask her for lots of random trivia any time!

**Robin Dutcher (Berkeley Staff)**

Originally from Connecticut, Robin was in two different traveling circuses for a total of five years. She spent a year in Albuquerque, NM as an AmeriCorps volunteer working with all types of people and children, including children with autism and adults with mental illnesses and developmental disabilities. She taught art, theater and circus skills. She recently graduated from the Clown Conservatory at Circus Center in San Francisco and in addition to working at the JCC; she knits and sews, is an avid cyclist, and will eventually pursue a career as a circus performer.

**Sam Prowell, Kindergarten Teacher (Berkeley Staff)**

Sam was born and raised in the hamlet of Sebastopol in Sonoma County. He pursued an Undergraduate Degree in American History at the University of California at Santa Cruz. Sam enjoys playing and listening to music, reading, gardening, hiking and backpacking. He has a profound love and fascination of nature. After graduating, Sam taught at a preschool in Santa Cruz for four years. Sam is now our Kindergarten teacher this year. Sam has been a part of the JCC Afterschool program for two years.

**EXTERNAL CHUGIM SPECIALISTS**

### **Marcie Avalon (Piano)**

Marcie has a Master's in Music Education and is a certified music therapist (specializing in working with children who have special needs). She is a classically trained pianist and continues to accompany for recitals, rehearsals, and classes. She has a warm and encouraging approach with children and also uses singing in music sessions. She has taught previously for Civic Arts Education in Walnut Creek and is taking clarinet lessons. She also teaches adults beginning piano.

### **Michael Glass with Kid's Carpentry**

Michael was introduced to building with children by a great mentor in 1982. For him, it was an opportunity to integrate his interest in working with kids with his previous experience in construction. After graduating from UC Berkeley, in 1979, and deciding not to enter the field of environmental law, Michael began to learn a trade. He worked with some very talented builders on new construction, cabinet making, log cabin construction and remodeling. But it wasn't until he began teaching woodworking to children that Michael realized his calling. "It is truly a blessing to be with kids and be able to impart some life-long skills and see how they become passionate and independent thinkers!"

### **Fitness in Transit**

The FIT program gives children an exceptional opportunity to develop themselves through gymnastics, climbing and dance in a safe and creative way. The philosophy of Fitness in Transit is to provide "Better Health for Today's Youth." As children grow, their young minds and bodies are changing and growing at a rapid pace. Each day is filled with discovery and new possibility. Our experienced instructors create an atmosphere where children feel safe and inspired. For over 20 years Fitness in Transit has been teaching at Pre-Schools and Elementary schools throughout the Bay Area and has enhanced the lives of countless students.

### **Jake Gelender**

Jake Gelender was born in Berkeley and has been an East Bay resident his whole life. He graduated from UC Berkeley in 2007 with a BA in Social Anthropology, and was a teacher in the Afterschool-Berkeley program for a couple years. He has been thrilled with the success of his Roleplaying Adventure chug, and is looking forward to even more exciting games as a specialty chug instructor this session.

### **Karen Jackson**

Karen has 25 years teaching experience in public & private schools, has owned & operated Art Journeys Drawing School in Santa Monica, CA, and has conducted teacher training workshops in the U.S. and Canada. She has developed innovative approaches to teaching art & drawing in schools and as part of a curriculum used in museum education programs. Karen holds a BFA & Kindergarten – 8<sup>th</sup> grade California Elementary Teaching Credential from CSULA. Karen is excited to share her years of experience and love for art!

### **Studio Naga**

Poekoelan Tjimindie Tulen encompasses ground fighting, self-defense, beautiful forms, animal movement, breathing sets, meditation, weapons training, and free sparring. Training offers enormous benefits in physical fitness, self-defense, confidence, flexibility, mental focus, and self-expression - and it's fun! Training at Studio Naga is under Goeroe Louise Rafkin, a fifth degree black belt, who has been training since 1984. Studio Naga welcomes men, women and children of all ages and physical abilities. Students are encouraged to train to their highest capacity - whatever that may be - in a safe, supportive environment. We are a diverse and interesting group of people... come join us!

### **Tim Oliver (Swimming)**

Tim Oliver has been teaching in the East Bay and San Diego for over 35 years. Tim has been teaching swimming at Camp Tzofim for over 10 years. He usually works with the JCC during the summer and is excited to come back to the JCC for Afterschool during the year.

### **Ilan Persing – Hebrew**

Ilan is an Israeli born American. He loves to speak Hebrew play guitar and eat cucumber and tomato salads. Most days you can find Ilan playing music with his three year old friends or teaching teens about Israel.

**Ana Yisdra Viveros – LANGO (Spanish)**

Born and raised in Mexico City, Ana holds a BA in Communications and Public Relations, with seven years of experience in Marketing, Advertising, and Public Relations. Ana moved to the U.S. in February, 2006. Since then, she has been teaching Spanish to kids in private and public settings, where she's well known for the enormous creativity, energy, and enthusiasm she brings to her classes. Ana believes that every child deserves the opportunity to learn a second language, which instills self-confidence, helps develop valuable social skills, and cultivates an understanding and deep appreciation for other cultures and people all over the world. Working at Lango has been a most enriching life experience. The Lango Method has given her the opportunity to expose children to different languages, to not only teach them, but bring them together. Our success is measured by the success of our children.

## Winter Chugim (Enrichment Workshop) Offerings 2012/5772

### External Classes:

#### Art Journeys

In this Chug, students will learn how to draw their favorite animals & characters, create projects inspired by known artists, and explore art of many diverse cultures. Guided lessons will have enough structure for success and yet still be open-ended enough to make space for plenty of creative expression and interpretation. Students will also learn how to use a variety of media as well as a variety of techniques. All aboard for Art Journeys!

Instructor: Karen Jackson

Wednesdays, 3:45-4:35 (1 – 2 grade)

**Location: Berkeley, transportation to/from Oakland provided. Choose a Berkeley second period class to match.**

Instructor Fee: \$135.00

Instructor: Karen Jackson

Wednesdays, 4:45-5:35 (3 – 5 grade)

**Location: Berkeley, transportation to/from Oakland provided. Choose a Berkeley first period class to match.**

Instructor Fee: \$135.00

#### Hebrew is Easy

*Rotzeh lilmod Evrit? (Want to learn Hebrew?)* Learning Hebrew is easy! We're going to play games and learn how to say funny things in Hebrew. If you like to dance, sing or play games then come learn Hebrew by doing all of those things. *Sababa (Awesome!)*.

Instructor: Ilan Persing

Wednesdays, 4:45 – 5:35

**Location: Berkeley, transportation to/from Oakland provided. Choose a Berkeley first period class to match.**

Material Fee: \$135

#### Ice Skating

This class builds on what we learned last session. Let's brush up those skills in skating class with Oakland Ice Center instructors. We will continue to bundle up and have fun on the ice, so get ready to play while we practice our twirls. There will be a half hour lesson and a half hour free-skate, so bring those socks, mittens, and let's glide around. (Waiver required)

Instructor: Oakland Ice Center Staff (Jessica)

Class Time: Mondays 3:45-5:45, DOUBLE OFFSITE

Ages: K-5<sup>th</sup>

Instructor Fee: \$120 for 8 lessons

#### Kids Carpentry

Kids' Carpentry is a year-round, after-school enrichment program. This program - established in 1982 - remains very popular among parents, educators, administrators and most importantly, students. Kids' Carpentry is designed to teach boys and girls, grades kindergarten through sixth, practical woodworking skills with an emphasis on the safe use of hand tools. By building a variety of fun projects, children learn a wide range of valuable carpentry skills such as measuring, fractions, sawing, drilling, rasping, fastening, sanding, shaping, assembly, and painting. Hand in hand with the practical skills goes a wide variety of other worthy concepts such as abstract reasoning, applied mathematics, problem solving, craftsmanship, fine motor skills, respect for tools, and patience.

Instructor: Joel Chala

Class Time: Wednesdays, 3:45-4:30

**Class Location: Berkeley, transportation to/from Oakland provided. Choose a Berkeley second period class to match.**

Ages: K-5<sup>th</sup>

Materials Fee: \$160 for 8 classes

### **Roleplaying Adventure: Swords and Wizardry**

Roleplaying Adventure, the wildly popular chug from Afterschool-Berkeley, is here in Oakland for the second year! Roleplaying Adventure offers you the chance to enter a strange and dangerous world through classic paper-and-dice roleplaying games. You will get to build your own character and get a customized character sheet you can take home. Then you and your friends will go on an adventure together solving puzzles, fighting enemies and completing quests. It's all up to you and the other players what happens because you control your characters' choices.

Roleplaying Adventure is also a fun way to develop reading and math skills, and encourages teamwork, creative problem-solving, imaginative thinking, and good listening. Join Roleplaying Adventure: Swords and Wizardry if you want to explore a world of magic, dragons, elves and knights.

Instructor: Jake

Class Time: Tuesdays 3:45-4:30

Ages: K-5<sup>th</sup>

Instructor Fee: \$135

### **Spanish with Lango (K-1)**

Lango offers full-immersion Spanish classes for elementary students. Our dynamic and experienced native-speaking and bilingual teachers will lead kids through adventure-filled lessons that incorporate music, games, arts & crafts, and lots of movement. We use a variety of proven methods to teach kids to understand – and ultimately speak a new language. Kids won't believe they can have so much fun while learning a new language!

Instructor: Ana Yisdra Viveros

Tuesdays, 3:45-4:30

**Class Location: Berkeley, transportation provided to/from Oakland. Choose a Berkeley second period class at Berkeley to match.**

Ages: K-1

Instructor's Fee: \$225 (includes teaching CD for the family, book, and flashcards)

### **Spanish with Lango (2-5<sup>th</sup> grade)**

Lango offers full-immersion Spanish classes for elementary students. Our dynamic and experienced native-speaking and bilingual teachers will lead kids through adventure-filled lessons that incorporate music, games, arts & crafts, and lots of movement. We use a variety of proven methods to teach kids to understand – and ultimately speak a new language. Kids won't believe they can have so much fun while learning a new language!

Instructor: Lango Staff

Tuesdays, 4:45- 5:30

**Class Location: Berkeley, transportation provided to/from Oakland. Choose a Berkeley first period class at Berkeley to match.**

Ages: 2-5<sup>th</sup> grade

Instructor's Fee: \$225 (includes teaching CD for the family, book, and flashcards)

### **Piano with Marcie Avalon**

These are group lessons with two children (paired by skill level and schedule), \$25 per half hour, taught by Marcie on Wednesdays from 1:30-6:00pm.

Instructor: Marcie Avalon

Wednesdays, 30 minute classes by arrangement

Ages: K-5<sup>th</sup>

Instructor Fee: \$250 for 10 classes

### **Rock Climbing with Bridges**

This is an excellent way to help kids stay active and in shape! Kids will learn a variety of climbing skills and techniques from rope climbing and bouldering, knots and anchors, climbing strategies, to climbing games and safety skills. Additionally, we provide coaching and training in slacklining. Bridges offers a unique setting for kids to climb, slackline, cross-train for any sport, and to work with others to achieve new and exciting goals.

Instructor: Bridges Rock Gym

Wednesdays, 3:45 – 5:35 (Double Offsite)

Course Fee: \$200

### **Rockstar Academy**

Our mission is to provide a fun, relaxing family atmosphere for both parents and students- where students can feel free to express their musical talents. The Rock Academy is equipped with state of the art, top of the line GUITARS THAT YOU GET TO TAKE HOME to practice. Rock Out!

Instructor: mikO Tolliver

Class Time: Tuesdays 4:30-5:30

Ages: K-5<sup>th</sup>

Materials Fee: \$200 (includes guitar rental) Guitar waiver required.

### **Poekoelan by Studio Naga**

Poekoelan is a martial art from Indonesia based on the movements of four animals: the monkey, the crane, the snake and the tiger. Our kids program includes aerobic exercise, coordination skills, and practical self-defense. Above all, Poekoelan training promotes nonviolence, self-confidence and respect for others in a safe, fun and caring environment.

Instructor: Studio Naga Instructor

Wednesdays, 3:45-4:35 (All ages)

Instructor Fee: \$165.00 \*Note: Max 10 kids

### **Silly Circus with Fitness in Transit**

This class will explore clowning, juggling, hula hooping and much more! Grab a flyer from the lobby for more info or contact FIT directly at (510) 652-2010 or email us at [FitnessInTransit@yahoo.com](mailto:FitnessInTransit@yahoo.com) with any questions.

Hope to see you in class!!

[WWW.FITNESSINTRANSIT.COM](http://WWW.FITNESSINTRANSIT.COM)

Instructor: Fitness in Transit Staff

Thursdays 3:45-4:30

Ages: K-5<sup>th</sup>

Instructors Fee: \$165

### **Swimming with Tim Oliver**

Tim Oliver has been teaching swimming for over 30 years, and has been working with the JCC for the past 6 years at Camp Tzofim and the JCC Afterschool programs. The main point of importance with each child is that they are always being met at their level as their confidence in the water grows. Tim Oliver Swimming School is located on the same campus as Baywood and offers swim lessons for all ages and levels, parent/child classes (3 mo. to 3 yrs.), children's swim lessons, competitive swim training, and private adult lessons. There is year-round instruction using modern, progressive methods so swimmers learn quickly and professionally. For a detailed description of the levels

of instruction offered, check out his website at [www.web.mac.com/timoliverswimming/iWeb/Site/Home.html](http://www.web.mac.com/timoliverswimming/iWeb/Site/Home.html). Our pool is in a park-like setting, the pool's temperature is kept at a warm 87 degrees, is covered by a dome in the winter, and it is sanitized with chlorine-free ozone.

Instructor: Tim Oliver

Tuesdays 3:45-5:30 (1/2 hour lesson from 4:30-5:00 plus changing and van time)

DOUBLE OFFSITE

Ages: K-5<sup>th</sup>

Instructors Fee: \$155

## **Internal Classes:**

### **Acrobatics & Movement!**

In this class we will be focused on getting the kids moving and exploring new ways to get around. We'll learn new skills such as somersaults, cartwheels, partner balancing and more! Kids will warm up and stretch before we begin each class, learning the importance of taking care of their bodies during physical exercise. Let's tumble and play together!

Instructor: Robin Dutcher

Tuesdays, 4:45- 5:30

**Class Location: Berkeley, transportation to/from Oakland provided. Choose a Berkeley first period class to match.**

Ages: K-5th

Instructor's Fee: Free

### **Aleph-Bet Time**

In this class we will continue learning Hebrew letters. Students will learn letter recognition and pronunciation. Children will be increasing their knowledge of Hebrew vocabulary. At the end of the session, students will get a scrapbook that will all of the letters they learned.

Instructor: Ms. Jenn

Mondays 4:45-5:30

Ages: K-2

Materials Fee: Free

### **Bake Sale**

Have you ever dreamed of being a baker? Join the baking community! In this Chug, children will be preparing and baking wonderful treats to sell. They will sell what they make at the end of each day and get to donate the money to the charity of their choice. Not only is this class delicious, it is making a difference in the community.

Instructor: Mirit Markowitz

Wednesdays, 4:45-5:35 (All ages)

**Location: Berkeley, transportation to/from Oakland provided. Choose a Berkeley first period class to match.**

Material Fee: \$15.00

### **Big Kids Posse: Girls Edition**

This class will be broken into three parts: 1) Girl-time hangout. We'll go offsite and hang out, visit parks, explore around the JCC, basically have fun! 2) We'll mingle with the boys and go to museums and parks, and have fun activities. 3) Social outreach and responsibility. After an awesome winter chugim session at Big Kids Posse, Alicia will take all the girls on lots of fun adventures and do some "girl" only stuff. We will join up with the boys sometimes too for activities as well as our all-group service project. We will brainstorm issues and talk about actions we can take to make a difference and have a "class project" that will impact our community. We will also get out and go on hikes up in Tilden Park, go for walks down to the store to grab a snack, and even hit the climbing the climbing gym for an afternoon or two, amongst other fun activities. During this double session, we will have plenty of time to hangout and talk about sports, music, dancing, video games, and all the other stuff that makes us Big Kids.

Instructor: Alicia Van Bourg

Wednesdays, 3:45 – 5:35pm (Double Session) (3<sup>rd</sup> grade girls +)

**Location: Berkeley, transportation to/from Oakland provided.**

Material fee: \$45

### **Bowling**

Are you ready to roll like the pros? Polish those shoes my friends because it is time to go to the lanes and let the pins fly. Be sure to wear socks, and we'll experiment with different bowling techniques and strive to beat personal best scores over the course of the Chugim session.

Driver/ Facilitator: Jenn

Class Time: Thursdays 3:45-5:45 DOUBLE OFFSITE

Ages: K-5<sup>th</sup>

Instructors Fee: \$100

### **Camp Style Cooking**

Rha's freestyle recipes are back outside. Not only do we have our camp stoves but we also have a new BBQ grill that we will test out by making some grilled veggies and other dishes. If you like to cook and eat come join the class with JCC's Chef Boy-Rha-Dee!

Instructor: Rha

Mondays 3:45-4:30

Ages: 2<sup>nd</sup>-5<sup>th</sup>

Materials Fee: \$25

### **Chef School**

Experience smells, flavors and colors in yummy culinary creations. In this Chug, you will learn basic cooking and baking techniques. Bon appétit!

Instructor: Juba

Class Time: 3:45-5:30 (Double Chugim Session)

**Class Location: Berkeley, transportation to/from Oakland provided.**

Ages: K-5<sup>th</sup>

Materials Fee: \$15

### **Chess Masters**

Come one, come all to this class. If you're a beginner or if you're Bobby Fisher, this is the chug for you. We will learn the game of chess, strategies, and practice with our classmates!

Instructor: Sam Prowell with Eli Svoboda

Thursdays, 4:45-5:35pm

**Location: Berkeley, transportation to/from Oakland provided. Please choose a first period Berkeley class.**

Material fee: None

### **Colorpoluza**

Do you enjoy coloring pages of your favorite characters and Rha's designs on paper shoes? We'll spend the time coloring in pages ranging from famous princesses to comic book superheroes. We will also work on creating our own coloring pages in the hope that at the end of the session we will have a JCC coloring book to hand out to families. Also, anyone needing a little homework help in this class period is welcome to join.

Instructor: Rha

Wednesdays 3:45-4:30

Ages: K-2 recommended, all welcome

Materials Fee: Free

### **Computer Programming and Games**

Have you ever wondered how a computer works? What's inside? How different programs run? We will be exploring all of these topics and more! Starting from opening up a computer and exploring the innards to learning simple coding and making our own programs we will discover together how the modern personal computer work. Some math skills/reading are required.

Instructor: Reuben

Mondays 3:45-4:30

Ages: 1<sup>st</sup>-5<sup>th</sup>

Materials Fee: Free

### **Cool Cafe**

This is a "chillaxing" class. Chilling and relaxing in a cozy environment with the feel of a cafe or coffee shop. We'll have hot drinks like cider, hot chocolate, tea and some sweet treats. We'll also have some mellow jazz music in the background. You can read, draw, color or create during this class but the one thing we will not do is be loud and disruptive. At the end of a long school day we can all use some "chillaxing" time.

Instructor: Rha

Thursday 4:45-5:30

Ages: K-5th

Materials Fee: \$25

### **Dodgeball Dance Party**

What is the greatest sport in the world? No, it's not tennis... it's dodgeball! For anyone who has never played before, dodgeball is the fast moving sport where you must either dodge the ball or you go to jail! Every session we will split up into two teams and duke it out to see which team can last longest and be the ultimate champions.

Instructor: Chris Teare, Andrew Harris

Tuesdays, 3:45-4:30

**Class Location: Berkeley, transportation provided to/from Oakland. Choose a Berkeley second period class to match.**

Ages: K-5th

Materials Fee: Free

### **Field Games at Bushrod Park**

In the Bay Area, winter brings us fun sports, so for this chugim we'll be playing all outdoor sports with a focus on flag football, kickball, and tee-ball.

Instructor: Rha

Class Time: Thursdays 3:45-4:30

Ages: K-5<sup>th</sup>  
Materials Fee: Free

### **Fort Building 201**

We are preparing to embark on a journey into the ancient art of fort building. What child (or adult) doesn't know the joys of making their very own fort? We will have boxes...we will have pillows and cushions... we will be making forts!

Instructor: Mirit Markowitz  
Class Time: 4:45- 5:30  
**Class Location: Berkeley Berkeley, transportation provided to/from Oakland.  
Choose a Berkeley first period class to match.**  
Ages: K-5th  
Instructor's Fee: Free

### **Frizbee Golf and Ultimate Frizbee at Bushrod Park**

With a focus on team cooperation and sportsmanship, we'll be playing ultimate Frizbee (or other team game alternatives) at Bushrod Park. This class is aimed towards the older kids because it might be a bit intimidating for the younger crowd. (If it's raining we'll play Frizbee golf in the ball room).

Instructor: Brendan  
Tuesdays 3:45-4:30  
Ages: 1-5<sup>th</sup>  
Materials Fee: Free

### **Game Room Hang Out**

Join us in this chug to play foosball, board games, pool, or just sit on the couch and hang with friends!

Instructor: Chris Teare  
Thursdays, 3:45-4:35 (All ages)  
**Location: Berkeley, transportation provided to/from Oakland. Choose a second period Berkeley class.**  
Material Fee: None

### **Geocache Adventure**

Geocaching is world wide game of hide and seek that uses GPS to locate hidden treasures buried by hundreds of folks who are playing the game. We will hike through trails, explore the woods and local neighborhoods in search for buried treasures. Come join the JCC Geo-Hunter team for cool treasures and awesome adventures.

Instructor: Rha  
Tuesdays 3:45-5:45, DOUBLE OFFSITE  
Ages: Grades 2+  
Transportation/ Materials Fee: \$25

### **Hebrew School Shuttle**

Hebrew School transportation offered to Temple Beth Abraham, Temple Sinai, and Kehilla on Wednesdays and Thursdays. Ask Liz for details.

Driver: Liz  
Class Time: Wednesdays 2:30pm, Thursdays 4pm  
See Tuition Schedule for fees

### **Homework Club**

Participants in this workshop will receive help on their homework. The teacher will provide assistance and endeavor to make sure that participants complete their homework. If you need some quiet reading time and to finish

your homework before you get home, or simply enjoy the pleasures of a quiet space, this Chug is perfect for you. Free.

Mondays 3:45-4:30 (ALL)	Jenn
Tuesdays 3:45-4:30 (ALL)	Liz
Wednesdays 3:45-4:30 (ALL)	Rha
Thursdays 3:45-4:30 (ALL)	Reuben

### **Indoor Ball Games**

Hamomo, indoor soccer, steal the bacon, steal the bacon soccer style, dodgeball, prison dodgeball, and more. These are the games of indoor ball games. Are you up for the challenge?

Ages: K-5

Materials Fee: Free

Mondays 4:45-5:30	Reuben
Tuesdays 4:45-5:30	Liz
Wednesdays 4:45-5:30	Jenn
Thursdays 4:45-5:30	Reuben

### **Into the Wild (Double Chug)**

If you were excited about Great Explorations this is a fantastic continuation of that chug. If you are interested in a great adventure, this chug is for you! In this double chugim session, we will set off for Tilden Park in order to seek out mystery and fun. We will focus on animal tracking, hiding, stalking and building shelter in the forest. Come explore hidden realms just outside the JCC's backyard.

Instructor: Beth Schuman

Thursdays, 3:45 – 5:35 (Double Chug) (2nd grade +)

**Location: Berkeley, transportation to/from Oakland provided.**

Material Fee: \$20

### **Introduction to Photoshop**

Thanks to the generous donations of our community we now have a functioning computer lab. Photoshop is an awesome program filled with a ton of tools to alter photos and create photo-based design projects. We'll be making some wacky and zany creations with photos. Space is limited so sign up quickly!

Instructor: Rha

Class Time: Wednesdays 4:45-5:30

Ages: 2<sup>nd</sup>-5<sup>th</sup> (Max 6 kids)

Materials Fee: \$25

### **JCC TV**

With so many talented actors running around the JCC, it is time to get some of these skits on tape! We will be filming our skits, editing a music video, and even trying some animation in this fun TV class. Be sure to bring the drama, and plan to be at the chugim fair for a fabulous debut screening!

Instructor: Liz

Class Time: Wednesdays 3:45-4:30

Ages: K-5<sup>th</sup>

Materials Fee: \$5 (for costumes and a DVD to take home!)

### **Jewelry (Gems and Jewels)**

Whether you're an experienced jeweler or just beginning, this class is for you! We'll rock out with new beads to add to your designs, found art jewelry, and making our own beads. We will focus on playing with how to use tools safely and effectively for new designs, wire work, cold working metal, and how to make one-of-a-kind pieces of art.

This class celebrates making beautiful things, learning how to put colors and shapes together artfully for a personal sense of pride, and giving these treasures to loved ones.

Instructor: Liz

Wednesdays, 4:45-5:30

Ages: K-2 recommended, all ages welcome

Materials Fee: \$10

### **Knitting Adventures**

It's back at the Berkeley branch by popular demand! It is such a wonderful feeling to be able to wear something you have made yourself. We will make cool projects that you can show off and wear day in and day out. Join Robin in Knitting Adventures, where kids will learn the art of knitting. We'll master the basics, such as casting on, knitting, purling, and binding off. Everyone will go home feeling proud with a knitted item of his or her own!

Instructor: Robin

Class Time: 3:45-4:30

**Class Location: Berkeley, transportation provided to/from Oakland. Choose a Berkeley second period class to match.**

Ages: K-5th

Materials Fee: \$10

### **Lego Universe**

Legos! While they were originally designed for children, the love of Legos is something that never leaves us. Lego Universe will allow the imagination to flourish, while helping develop our building skills. Each class we will work as a team to build something new and exciting.

Instructor: Juba Blajic

Thursdays, 3:45-4:35

**Location: Berkeley, transportation provided to/from Oakland. Please choose a second period Berkeley class.**

Material Fee: \$5.00 (All ages)

### **Little Hands Art**

In this class we'll expand on your child's creative expression as they start to discover their uniqueness and individual style and preferences. They'll be surrounded by fun and dazzling new discoveries each week as they work independently at their own pace on multi-step projects that may often last for multiple weeks. The sky is the limit as they discover the new heights their imagination can take them! Come visit our art gallery at the end of the session.

Instructor: Ms. Jenn

Tuesdays, 4:45-5:30

Ages: K-2 recommended, all welcome

Materials Fee: Free

### **Outdoor Play at Bushrod**

For this chugim, all kids are welcome. There will be a game offered, but everyone is welcome to play their own games and enjoy some free-time at the park. The focus of this class is to have FUN!

Instructor: Brendan

Wednesdays 3:45-4:30

Ages: K-5<sup>th</sup>

Materials Fee: Free

### **Project Runway**

Get in touch with your inner designer and make cool, one-of-a-kind clothes and accessories. Using stencils, sequins, and felt – we'll transform an ordinary tote bag and t-shirt into wearable works of art. Even use your new skills to recycle your old clothes. In any case, you will be dressed to the nines by the end of this chug.

Instructor: Madeleine Pellegrin

Thursdays, 3:45 – 5:35 (Double Chugim)

**Location: Berkeley, transportation provided to/from Oakland.**

Material Fee: \$15

### **Sandlot (K – 1)**

Appropriate for Boys and Girls Kindergarten and 1<sup>st</sup> grade, the Sandlot combines the great joys of playing baseball with a bit of history about the sport. While we learn the fundamentals of baseball and play games each week, we will also watch videos and look at pictures-from the old timers to our current favorite players. Learning the baseball history will not only be fun, but will also give us an appreciation of baseball that will last a lifetime. Come hit a home run!

NOTE: CHILDREN WILL NEED TO BRING A BASEBALL MITT TO THIS CHUG.

Instructor: Ivan Mumm

Wednesdays, 3:45-4:35 (All ages)

**Location: Berkeley, transportation provided to/from Oakland. Please choose a second period Berkeley class.**

Material Fee: None

### **Science Madness!**

Have you ever wondered why oil and water separate? Have you ever wondered how to make a volcano erupt? Ever been curious to make your own gack? If you're MAD about science then you should check out Mad Science. Each week we'll do a totally awesome and even **educational**, MAD science experiment.

Instructor: Emily Schumacher

Wednesdays, 3:45 – 4:35 (All ages)

**Location: Berkeley, transportation provided to/from Oakland. Please choose a second period Berkeley class.**

Material Fee: \$15

### **Sculpture**

Do you love working with your hands and making things? In this class you will learn new sculpture techniques every day and build upon your growing set of skills. We will discover the possibilities of wire, clay, wood, fabric, papier-mâché, even recycled junk! Design your dream pet, build a miniature city, create a piñata, and much more. Bring home awesome projects and have a ton of fun with us in Sculpture Class!

Instructor: Emily Schumacher

Thursdays, 4:45 – 5:35 (2 – 5)

**Location: Berkeley, transportation provided to/from Oakland. Please choose a first period Berkeley class.**

Material Fee: \$15

### **Sew Awesome**

This class was so successful that we had to bring it back. Creativity and imagination used with needles, thread and felt made some of the most amazing sewing creations we've have seen. We will continue to make really cool projects and learn the basics of sewing.

Instructor: Rha

Mondays, 4:45-5:30

Ages: Grades 2+

Materials Fee: \$10

### **Songs of the Beatles**

*Come Together* for this awesome chug and you can *Get A Little Help From Your Friends* to sing the class hits of the Beatles! It's going to be a blast from the past and you can sing it with your family at home too.

Instructor: Andrew Harris

Wednesdays, 4:45 – 5:35 (All ages)

**Location: Berkeley, transportation provided to/from Oakland. Please choose a first period Berkeley class.**

Material Fee: None

### **Spa**

Stressed from school? Feeling like you want to pamper yourself? This class helps children learn how to take care of their bodies. They will create face masks, lotions and will give each other hand massages, pedicures and manicures.

Instructor: Jenn

Class Time: Wednesdays 3:45-4:30

Ages: K-5<sup>th</sup>

Materials Fee: \$10

### **Tag Attack**

This class will be an opportunity for the younger children to run around at the park, play an optional team building game with the instructor, and bond with others their own age under the sun (or in the ball room if it's raining).

Instructor: Brendan

Mondays, 3:45-4:30

Ages: K-2 recommended, all welcome

Materials Fee: Free

### **Theatre Production (Wizard of Oz)**

Welcome to the coolest gig around. In this class we will create a full play. You will have a part, including lines to memorize, songs to sing, and fabulous costumes to wear! In the end, we will put our play on, on stage, in front of a real audience.

Instructor: Beth

Tuesdays, 3:45-5:30 (Double Chugim Session)

**Class Location: Berkeley, transportation from Oakland provided**

Ages: K-5th

Materials Fee: \$20

### **Tots with Pots**

Roll up those sleeves, put on that apron and let's get ready to cook. This cooking class will empower your child to make healthy, nutritious foods for snack. Every class we will create a new recipe for our very own cookbook. At the end of the session each child will have a plethora of ideas to share and prepare during snack time.

Instructor: Ms. Jenn

Tuesdays 3:45-4:30

Ages: K-2

Materials Fee: \$25

### **Wildlife Around the World**

Do you love animals and exotic lands? Well then come discover something new and exciting in the wildlife class. After a brief nature video, we'll have a wild activity or art project. Each class will have a 15 minute video projections of G rated nature shows from National Geographic, Discovery and Nature channels on DVD.

Afterwards, we will discuss all of the strange and exciting new facts and creatures we discovered and create a Wildlife notebook to track our findings. It might be purrrfect for you!

Instructor: Brendan

Thursdays 3:45-4:30

Ages: K-2 recommended, all welcome

Materials Fee: Free